# POSITIVE CHILD DEVELOPMENT



## **LOVE & SUPPORT YOUR CHILD**

Play with your child, encourage and praise them when they do something good. Talking to your child is important, as well as setting boundaries



#### **STOP ALCOHOL & SMOKING**

Alcohol use in pregnancy can harm your baby and abuse can lead to violence



#### **KEEP CHILDREN SAFE**

Protect your child from violence in the home and community. Keep children away from danger WORKING TOGETHER WORKING TOGETHER TO RAISE HEALTHY TO RAISE HEALTHY HAPPY CHILDREN

# TAKE CARE OF YOURSELF

Your mental and physical health is important. Seek help if you are unwell, struggling or feeling under pressure



#### **CHILD HEALTH & WELLBEING**

Take your child for clinic visits and immunizations to keep them well. Healthy eating is important



## **EDUCATION IS IMPORTANT**

Read to your child and support them to work hard and stay in school



LONDON SCHOOL of HYGIENE STROPICAL MEDICINE

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